

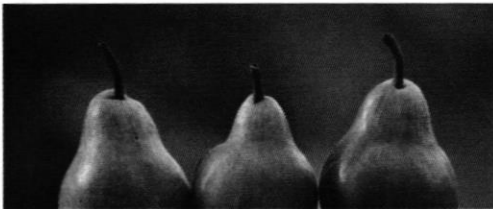
Survey Results Guide Action Toward Healthy Options

In 2017, The Healthy Bourbon Action Team conducted a survey to examine the perceptions of Bourbon County community members about the issues of healthy eating, active living, and tobacco cessation. The survey was a part of the *Pathways to a Healthy Kansas* grant that was received by the Healthy Bourbon Action Team in coordination with the Mercy Hospital and the City of Fort Scott. *Pathways* is a Blue Cross and Blue Shield of Kansas initiative (<https://www.bcbsks.com/promo/pathways/index.shtml>).

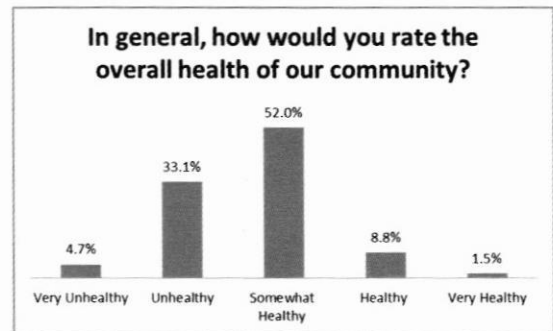
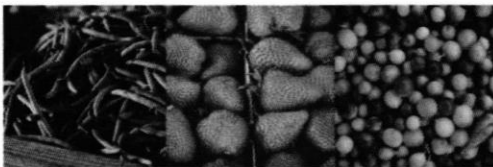
408 community members took the time to complete the survey. Here are a few key findings from the survey results.

Finding #1: In Bourbon County, only about 10% of the survey respondents rated their community 'healthy' or 'very healthy'.

Action being taken: The Healthy Bourbon County Action Team is working in areas where community members spend the most of their time—*where we work, eat, and play*—to make the healthy choice an option.



LIVE HEALTHY



Finding #2: More than 40% of respondents did not think that the community has sufficient options for healthy eating.

Action being taken: The Bourbon County Food Alliance was established by The Action Team in 2017 with an ordinance adopted by the City of Fort Scott. The Alliance is now formally assessing the community's access to healthy food.

Finding #3: Over two-thirds of survey respondents didn't think that our community had adequate street lighting for walking at night.

Action being taken: Improving access to outdoor recreation is another priority of the Action Team. Both The City of Fort Scott and Uniontown city councils have identified needed updates to streets and sidewalks and formally adopted plans. In order to tie in food access, this plan will be started when the Bourbon County Food Alliance completes the access to healthy food assessment. Dave Martin, City Manager points out, "We are excited to have a plan in place to enhance the appeal of our community to those who live here and those who could one day call Fort Scott home."

The community perception survey is key to identifying our community's true needs. The Action Team will focus efforts on where there is a need in physical activity, healthy eating, and tobacco cessation. Come join the movement with us!! Find us on Facebook @HealthyBBCounty or on Twitter @healthybbco!

*For more information about the survey or the Pathways initiative, contact:
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